

# Blue Devil Swim & Dive 23-24

- **Welcome**
  - Introductions
- **Practice Schedule**
  - Monday-Friday: 3:30-5 p.m., 3:30-5:30 p.m., Saturdays 8-10 a.m.
    - 1.5- hour vs 2-hour practice
  - First day: Monday, November 20th
    - Thanksgiving Week:
      - Monday 11/20 & Tuesday 11/21: 3:30-5/5:30 p.m.
      - Wednesday 11/22 8:30-10:30 a.m.
      - Saturday 11/25 8:30-10:30 a.m.
  - Morning Lifts and Morning Swim will start at Coach Discretion.
    - Mondays - 7 a.m. Lift
    - Wednesday - 5:30 a.m. Lift
    - Friday- 5:30 a.m. Swim
  - WINTER BREAK: Practice (mornings) and traditionally a Meet at Cranbrook (12/28 or 12/29)
  - FEBRUARY BREAK (2/17-2/25): Practice AND MAC RED Championship 2nd weekend.
  - Cereal Saturdays: Please bring 1 box of cereal of choice to first week of practice. They will be stored in the kitchen/office. Parent Fund will provide milk.
- **Meet Schedule**
  - Schedule of meets posted on the home page of the Boys website
  - Away Meets : Bus/Transportation will be provided unless otherwise stated in advance.
  - Wayne County (approx. Feb, 3rd) ,MAC (Dive, 2/22 and Swim 2/23-2/24), Regional Diving 2/29
  - State Meet: March 8-9th Location TBD
- **Team Requirements**
  - Sports Physical & Emergency Gold Card (Stamped by the Athletic Office)
  - Team policy agreement and Goal Sheet
  - Items needed for Practice or Meets (Team Swimsuit, Cap, Long Sleeve, Sweatshirt, Navy Shorts)
- **Championship meets**
  - Most of the Championship meets have qualifying times (these are posted under the team files tab)
  - **Wayne County, MISCA, MAC Red Division, Diving Regionals, MHSAA D2 State Championship**
- **Event Information**
  - Bleaching party, Head shaving, Pancake breakfasts, MAC team Pre-meet Dinner, State Team Pre-meet Dinner, State Team Post Meet Dinner, Team Banquet
- **Volunteering/Sign-ups**
  - Meal Coordinator, Meet Meal donations, Timing, Special event signups

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- **Costs**
  - Donating food, Required uniform (Swimsuit, Cap, Sweatshirt and long sleeve white shirt), additional apparel, Family ID (\$220), Parent fund (\$80), State Team apparel, Fundraising,
  - Little Caesar Fundraiser
- **Accounts**
  - Email – [gpsouthswimdive@gmail.com](mailto:gpsouthswimdive@gmail.com)
  - Remind – if you have the remind app, you can join the GP South Swim & Dive class by entering @2ka4cc, or without the app by texting @2ka4cc to 81010

Jessica Bryan

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# CONTACT FORM



\$80 Parent Fund

checks: "GPS Boys Swim & Dive Parent Fund"

<https://forms.gle/3hznBeKkW3gj2s4n8>



Every kit we sell earns \$6 profit and makes an impact 11/1-12/1.